

ROUTLEDGE

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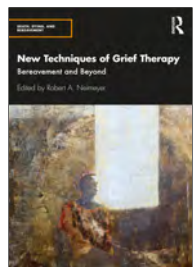
Email: [crctextbooks@tandf.co.uk](mailto:crctextbooks@tandf.co.uk)  
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# Contents

Grief Therapy and Counseling .....	2
Death, Dying, Grief, and Young People .....	8
Trauma .....	12
Index .....	15

## New Techniques of Grief Therapy

Bereavement and Beyond



Edited by **Robert A. Neimeyer**, Portland Institute for Loss and Transition, Oregon, USA

*Series: Series in Death, Dying, and Bereavement*

*New Techniques of Grief Therapy* expands on the mission of the previous two *Techniques* books, featuring innovative approaches to address the needs of those whose lives have been shadowed by loss. The book starts with several framing chapters and follows with a generous toolkit of creative therapeutic techniques described in concrete detail and anchored in illustrative case studies. *New Techniques of Grief Therapy* is an indispensable resource for professionals working in hospice, hospital, palliative

care and elder care settings; clinicians in broader healthcare and mental health care practices; executive coaches; and students in the field of grief therapy.

Routledge

**Market:** Grief and Bereavement

September 2021: 372pp

Hb: 978-0-815-35202-0: **\$160.00**

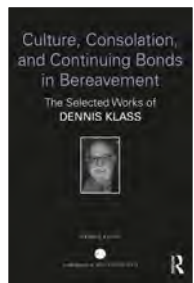
Pb: 978-0-815-35203-7: **\$39.95**

eBook: 978-1-351-06912-0

\* For full contents and more information, visit: [www.routledge.com/9780815352037](http://www.routledge.com/9780815352037)

## Culture, Consolation, and Continuing Bonds in Bereavement

The Selected Works of Dennis Klass



Edited by **Dennis Klass**, Webster University, Missouri, USA

*Series: World Library of Mental Health*

This book presents Dennis Klass's most important contributions to the scholarship of grief and bereavement. The writings range widely, including explorations of grief that were missing when Klass began his work, studies of grief across cultures, and analyses of theories that were popular in grief scholarship but inadequately described bereaved parents' experiences. This collection of essays offers an integral understanding of how individuals move through grief and is a valuable addition to the library of anyone working with topics relevant to grieving adults, children, and adolescents.

Routledge

**Market:** Grief and Bereavement

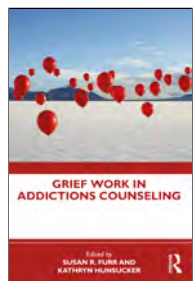
January 2022: 314pp

Hb: 978-1-032-15304-9: **\$160.00**

eBook: 978-1-003-24356-4

\* For full contents and more information, visit: [www.routledge.com/9781032153049](http://www.routledge.com/9781032153049)

## Grief Work in Addictions Counseling



Edited by **Susan R. Furr**, University of North Carolina at Charlotte, USA, and **Kathryn Hunsucker**, Private practice, North Carolina, USA

*Grief Work in Addictions Counseling* a book for practitioners and students in the field of substance abuse counseling who encounter grief and loss issues with clients recovering from addiction. Chapters address multicultural themes to help clinicians design treatments that will meet the needs of diverse genders, sexual orientations, cultures, ages, and spiritual orientations. This book is useful both for professionals and as a supplemental textbook for students preparing to become addictions counselors.

Routledge

**Market:** Addictions/Grief Counseling

March 2022: 320pp

Hb: 978-0-367-53857-6: **\$160.00**

Pb: 978-0-367-53856-9: **\$39.95**

eBook: 978-1-003-10690-6

\* For full contents and more information, visit: [www.routledge.com/9780367538569](http://www.routledge.com/9780367538569)

## African American Grief



Paul C. Rosenblatt, University of Minnesota, USA and Beverly R. Wallace, Luther Seminary, Minnesota, USA

*Series: Routledge Mental Health Classic Editions*

*African American Grief* is a unique contribution to the field, both as a professional resource for counselors, therapists, social workers, clergy, and nurses, and as a reference volume for thanatologists, academics, and researchers. The classic edition includes a new preface from the authors reflecting on their work and on the changes in society and the field since the book's initial publication.

Routledge

**Market:** Grief/Race

August 2021: 224pp

Hb: 978-0-367-76424-1: **\$160.00**

Pb: 978-0-367-76415-9: **\$39.95**

eBook: 978-1-003-16975-8

\* For full contents and more information, visit: [www.routledge.com/9780367764159](http://www.routledge.com/9780367764159)

## The Restorative Nature of Ongoing Connections with the Deceased

Exploring Presence Within Absence



Edited by **Laurie A. Burke**, Private practice, Oregon, USA, and **Edward (Ted) Ryneearson**, Independent scholar, Washington, USA

*Series: Series in Death, Dying, and Bereavement*

This book is a guide to stimulating thought and discussion about ongoing attachments between bereaved individuals and their deceased loved ones. Chapters promote broad, inclusive training and dialogue for working with clients who establish and/or maintain a restorative connection with their deceased loved one as well as those who find aspects of such connections to be psychologically or spiritually problematic or troublesome.

Bereavement professionals will come away from this book with

a better understanding and a deeper skillset for helping clients to develop continuing bonds.

Routledge

**Market:** Death Studies

April 2022: 256pp

Hb: 978-0-367-55485-9: **\$160.00**

Pb: 978-0-367-55483-5: **\$39.95**

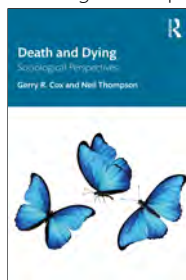
eBook: 978-1-003-10507-7

\* For full contents and more information, visit: [www.routledge.com/9780367554835](http://www.routledge.com/9780367554835)

## TEXTBOOK · READER

### Death and Dying

Sociological Perspectives



Gerry R. Cox, University of Wisconsin-La Crosse, USA, and Neil Thompson, Avenue Professional Development Programme, Wales, UK

Written by two established and highly respected experts in the field, this book offers a thoroughgoing account of a wide range of social aspects of death and dying, filling gaps left by the traditionally narrow focus of the existing literature. By drawing the suggested sociological perspectives and highlighting the role of social policy, the authors put forward a fresh perspective of the field of thanatology.

Routledge

**Market:** Death/Dying

September 2020: 232pp

Hb: 978-0-367-43409-0: **\$160.00**

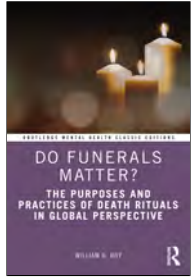
Pb: 978-0-367-43407-6: **\$48.95**

eBook: 978-1-003-00394-6

\* For full contents and more information, visit: [www.routledge.com/9780367434076](http://www.routledge.com/9780367434076)

## Do Funerals Matter?

The Purposes and Practices of Death Rituals in Global Perspective



William G. Hoy, Baylor University, Texas, USA

Series: *Routledge Mental Health Classic Editions*

*Do Funerals Matter?* is a creative interweaving of historical, sociocultural, and research-based perspectives on death rituals, drawing from myriad sources to create a picture of what death rituals have been; and where, especially in the Western world, they are going. The classic edition includes a new preface from the author reflecting on changes in the field since the book's initial publication. Death educators, researchers, counselors, clergy, funeral-service professionals, and others will appreciate the book's theory- and research-based approach to the ways in which different cultural groups memorialize their dead.

Routledge

Market: Death Studies

September 2021: 226pp

Hb: 978-1-032-01901-7: \$160.00

Pb: 978-1-032-01898-0: \$34.95

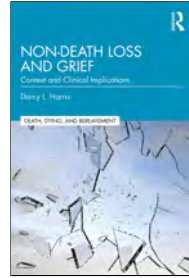
eBook: 978-1-003-18610-6

\* For full contents and more information, visit: [www.routledge.com/9781032018980](http://www.routledge.com/9781032018980)



## Non-Death Loss and Grief

Context and Clinical Implications



Edited by Darcy L. Harris, Western University, Ontario, Canada

Series: *Series in Death, Dying, and Bereavement*

*Non-Death Loss and Grief* explores recent research, clinical applications, and current thinking on various types of non-death losses and the unique features of the grieving process that accompany them. The chapters in this book focus not just on the individual and intrapersonal perspective but also examine experiences that are interpersonal and sociopolitical in nature. Case studies and clinical examples are used throughout to help make the material relevant.

Routledge

Market: Grief and Loss

November 2019: 370pp

Hb: 978-1-138-32081-9: \$140.00

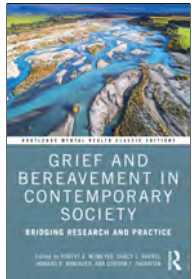
Pb: 978-1-138-32082-6: \$44.95

eBook: 978-0-429-44605-4

\* For full contents and more information, visit: [www.routledge.com/9781138320826](http://www.routledge.com/9781138320826)

## Grief and Bereavement in Contemporary Society

Bridging Research and Practice



Edited by Robert A. Neimeyer, Portland Institute for Loss and Transition, Oregon, USA, Darcy L. Harris, Western University, Ontario, Canada, Howard R. Winokuer, The Winokuer Center for Counseling and Healing, North Carolina, USA and Gordon Thornton, Indiana University of Pennsylvania, USA

Series: *Routledge Mental Health Classic Editions*

*Grief and Bereavement in Contemporary Society* is the authoritative guide to the study of and work with major themes in bereavement. The classic edition includes a new preface from the lead editors discussing advances in the field since the book's

initial publication. This is a readable, engaging, and comprehensive book that shares the most important scientific and applied work on the contemporary scene with a broad international audience. It's an essential addition to anyone with a serious interest in death, dying, and bereavement.

Routledge

Market: Grief Therapy

September 2021: 478pp

Hb: 978-1-032-05895-5: \$160.00

Pb: 978-1-032-05891-7: \$49.95

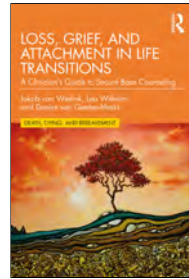
eBook: 978-1-003-19976-2

\* For full contents and more information, visit: [www.routledge.com/9781032058917](http://www.routledge.com/9781032058917)



## Loss, Grief, and Attachment in Life Transitions

A Clinician's Guide to Secure Base Counseling



Jakob van Wielink, Portland Institute for Loss and Transition, Oregon, USA, Leo Wilhelm, De School voor Transitie, The Netherlands and Denise van Geelen-Merks, Private practice, The Netherlands

Series: *Series in Death, Dying, and Bereavement*

*Loss, Grief, and Attachment in Life Transitions* gives readers an attachment-informed grief counseling framework and a new way of understanding non-death loss and its treatment. This book is a highly relevant and practical volume for grief counselors and other mental health professionals looking to incorporate attachment theory into their clinical practice.

Routledge

Market: Grief and Bereavement/Attachment

August 2019: 264pp

Hb: 978-0-367-20657-4: \$140.00

Pb: 978-0-367-20654-3: \$42.95

eBook: 978-0-429-27775-7

\* For full contents and more information, visit: [www.routledge.com/9780367206543](http://www.routledge.com/9780367206543)



## Superhero Grief

The Transformative Power of Loss



Edited by Jill A. Harrington, private practice, Virginia, USA and Robert A. Neimeyer, Portland Institute for Loss and Transition, Oregon, USA

Series: *Series in Death, Dying, and Bereavement*

*Superhero Grief* uses modern superhero narratives to teach the principles of grief theories and concepts and provide practical ideas for promoting healing. This volume provides support and psychoeducation to students, clinicians, educators, researchers, and the bereaved while contributing significantly to the literature on the intersection of death, grief, and trauma.

Routledge

Market: Grief and Bereavement

December 2020: 294pp

Hb: 978-0-367-14558-3: \$160.00

Pb: 978-0-367-14559-0: \$39.95

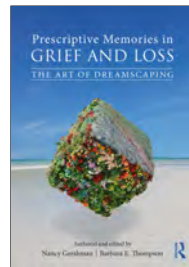
eBook: 978-0-429-05666-6

\* For full contents and more information, visit: [www.routledge.com/9780367145590](http://www.routledge.com/9780367145590)



## Prescriptive Memories in Grief and Loss

The Art of Dreamscaping



Nancy Gershman, private practice, New York, USA and Barbara E. Thompson, The Sage Colleges, New York, USA

Series: *Series in Death, Dying, and Bereavement*

*Prescriptive Memories in Grief and Loss: The Art of Dreamscaping* introduces a wide range of therapists to a novel, strengths-based, and imaginal practice for helping clients at various points on the grief and loss continuum. Grounded in recent empirical research on how the emotional brain encodes new memories, this book describes how to create a resource-rich "prescriptive memory." Illustrated with full-color dreamscape images co-created by clients and therapists.

Routledge

Market: Grief/Art Therapy

January 2019: 264pp

Hb: 978-1-138-04337-4: \$160.00

Pb: 978-1-138-04341-1: \$58.95

eBook: 978-1-315-16671-1

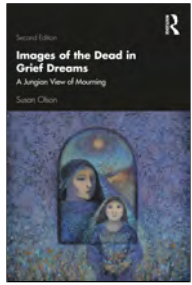




2nd Edition

**Images of the Dead in Grief Dreams**

A Jungian View of Mourning



Susan Olson

In her first year of training at the C.G. Jung Institute (Zurich), Susan Olson suffered the loss of her college-age daughter in a hit-and-run auto accident. By *Grief Transformed* describes her journey through mourning, guided by a series of vivid and startling dreams. Jung's definition of the dream as a harbinger of fate, a portent and comforter, the messenger of the gods evolves from academic theory into embodied insight in this chronicle of one woman's encounter with the transforming power of grief. From personal story, this book expands to include premonitory and grief dreams of other mourners, dreams cited in Jung's memoirs, and selections from mythology and literature.

Routledge

**Market:** Analytical Psychology

July 2020: 146pp

Hb: 978-0-367-44102-9: **\$160.00**Pb: 978-0-367-44103-6: **\$39.95**

eBook: 978-1-003-00763-0

\* For full contents and more information, visit: [www.routledge.com/9780367441036](http://www.routledge.com/9780367441036)

2nd Edition

**Chronic Sorrow**

A Living Loss



Susan Roos, Private practice, Texas, USA

*Series: Series in Death, Dying, and Bereavement*

*Chronic Sorrow* explores natural grief reactions to losses that continue to be present in the life of the griever. This second edition updates terminology, research, and the roles the concept of chronic sorrow has come to play in various professions. This text also extends the concept's usefulness to other ongoing losses that are bases for non-ending grief responses. Benefits and social supports are explored in depth, giving readers a practical guide for accessing available resources. Chapters also give guidance for professionals to assist those who struggle with

living with irremovable loss, helping them plan for a future in which customary caregivers can no longer carry the load.

Routledge

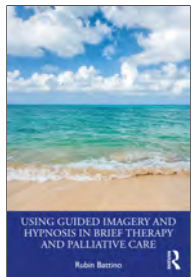
**Market:** Grief & Bereavement Counseling

November 2017: 220pp

Hb: 978-1-138-23067-5: **\$150.00**Pb: 978-1-138-23068-2: **\$48.95**

eBook: 978-1-315-27739-4

Prev. Ed Pb: 978-1-583-91321-5

\* For full contents and more information, visit: [www.routledge.com/9781138230682](http://www.routledge.com/9781138230682)**Using Guided Imagery and Hypnosis in Brief Therapy and Palliative Care**

Rubin Battino, Wright State University, Ohio, USA

*Using Guided Imagery and Hypnosis in Brief Therapy and Palliative Care* presents a model for effective single-session therapy. Chapters include more than a dozen case studies with transcripts and commentary. Readers will learn how to use an adapted model of Remen's healing circle for preparing patients for surgery, and guided imagery and other approaches are presented for enhancing palliative care. Extensive appendices provide a wide variety of valuable tools that psychotherapists can use with clients concerned with end-of-life issues.

Routledge

**Market:** Brief Therapy/Palliative Care

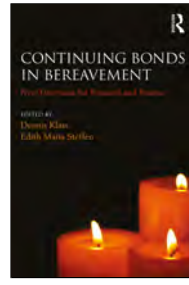
November 2020: 254pp

Hb: 978-0-367-53848-4: **\$160.00**Pb: 978-0-367-53846-0: **\$39.95**

eBook: 978-1-003-08805-9

\* For full contents and more information, visit: [www.routledge.com/9780367538460](http://www.routledge.com/9780367538460)**Continuing Bonds in Bereavement**

New Directions for Research and Practice



Edited by **Dennis Klass**, Webster University, Missouri, USA and **Edith Maria Steffen**, University of Roehampton, London, UK

*Series: Series in Death, Dying, and Bereavement*

*Continuing Bonds in Bereavement* is the most comprehensive collection of developments in this field since the inception of the model. As a multi-perspectival, nuanced, and forward-looking anthology, it combines innovations in clinical practice with theoretical and empirical advancements. The text traces grief in different cultural settings, asking questions about the truth in our interactions with the dead and showing how new cultural developments like social media change the ways we relate to those who have died. The book's four sections encourage practitioners and scholars in both bereavement studies and in other fields to broaden their understanding of the concept of continuing bonds.

Routledge

**Market:** Grief & Bereavement

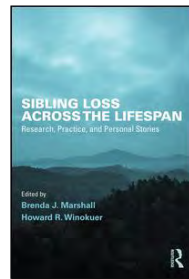
November 2017: 378pp

Hb: 978-0-415-35619-0: **\$160.00**Pb: 978-0-415-35620-6: **\$66.95**

eBook: 978-1-315-20239-6

\* For full contents and more information, visit: [www.routledge.com/9780415356206](http://www.routledge.com/9780415356206)**Sibling Loss Across the Lifespan**

Research, Practice, and Personal Stories



Edited by **Brenda J. Marshall**, The Solacium Group, Ontario, Canada and **Howard R. Winokuer**, The Winokuer Center for Counseling and Healing, North Carolina, USA

*Series: Series in Death, Dying, and Bereavement*

*Sibling Loss Across the Lifespan* brings together researchers, clinicians, and bereaved siblings to explore sibling loss. Unique in both form and content, the book focuses on loss within five key age ranges—childhood, adolescence, emerging adulthood, adulthood, and late adulthood—and losses within a special topics section that addresses areas of interest across multiple age groups. In addition to chapters from researchers and

clinicians, the book includes personal stories from bereaved siblings who describe the lived experience of this loss.

Routledge

**Market:** Grief and Bereavement

October 2016: 236pp

Hb: 978-1-138-92728-5: **\$180.00**Pb: 978-1-138-92729-2: **\$39.95**

eBook: 978-1-315-67286-1

\* For full contents and more information, visit: [www.routledge.com/9781138927292](http://www.routledge.com/9781138927292)**Writing the Self in Bereavement**

A Story of Love, Spousal Loss, and Resilience



Reinecke Lengelle

*Series: Writing Lives: Ethnographic and Autoethnographic Narratives*

Reinecke Lengelle tells the story of her work and life partner, Frans Meijers, who develops a rare cancer and dies within seven months of his diagnosis. She speaks about how they openly faced his illness, how he made end of life choices, and how the poems she wrote became a means to stay close to Frans, and live well without him. In the final chapters, Reinecke makes an analysis of why writing this journey was important, what key lessons she felt that the bereavement process had to offer, how the writing-towards-transformation model she developed with

Frans explains the process she goes through as she tells the story, and what other compelling research might follow.

Routledge

**Market:** Research Methods

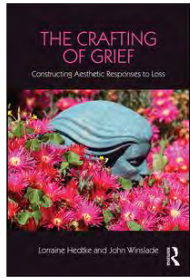
December 2020: 236pp

Hb: 978-0-367-64333-1: **\$160.00**Pb: 978-0-367-64334-8: **\$48.95**

eBook: 978-1-003-12400-9

## The Crafting of Grief

Constructing Aesthetic Responses to Loss



**Lorraine Hedtke**, California State University, San Bernardino, USA and **John Winslade**, California State University, San Bernardino, USA

*Series: Series in Death, Dying, and Bereavement*

*The Crafting of Grief* focuses on conversations that help people chart their own path through grief. Authors Hedtke and Winslade argue convincingly that therapists and counselors can support people more by helping them craft their own responses to bereavement rather than trying to squeeze experiences into a model. In the pages of this book, readers will learn how to develop lines of inquiry based on the concept of continuing

bonds, and they'll discover ways to use these ideas to help the bereaved craft stories that remember loved ones' lives.

Routledge

**Market:** Death, Dying, and Bereavement

July 2016: 238pp

Hb: 978-1-138-91686-9: **\$140.00**

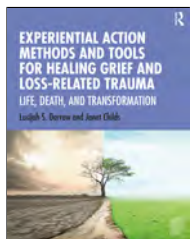
Pb: 978-1-138-91687-6: **\$39.95**

eBook: 978-1-315-68680-6

\* For full contents and more information, visit: [www.routledge.com/9781138916876](http://www.routledge.com/9781138916876)

## Experiential Action Methods and Tools for Healing Grief and Loss-Related Trauma

Life, Death, and Transformation



**Lusijah S. Darrow**, Private practice, California, USA and **Janet Childs**, Centre for Living with Dying, California, USA

*Experiential Action Methods and Tools for Healing Grief and Loss-Related Trauma* introduces innovative psychodramatic and creative expression methods for helping those affected by bereavement and trauma. Each section focuses on a particular acute or secondary grief issue, providing supportive and explanatory material that can be given to clients, and experiential action methods for providers. The practical guidance offered in this book will be of great interest to all who work with grief and trauma, including practicing and trainee psychologists and

therapists, counseling centers, hospice organizations, bereavement support programs, and ministers.

Routledge

**Market:** Psychodrama/Grief

May 2020: 212pp

Hb: 978-0-367-27503-7: **\$160.00**

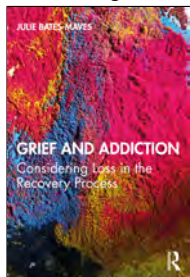
Pb: 978-0-367-27502-0: **\$39.95**

eBook: 978-0-429-29749-6

\* For full contents and more information, visit: [www.routledge.com/9780367275020](http://www.routledge.com/9780367275020)

## Grief and Addiction

Considering Loss in the Recovery Process



**Julie Bates-Maves**, University of Wisconsin-Stout, USA

*Grief and Addiction* illuminates the role of grief work in addiction counseling, encouraging counselors to be more comprehensive in their treatment and to increase empathy for what the treatment process is asking of clients. Featuring appendices with information and examples for clinicians, *Grief and Addiction* provides treatment strategies drawn from both the addiction and grief world for professionals and counselor educators.

Routledge

**Market:** Addictions/Grief Therapy

September 2020: 278pp

Hb: 978-1-138-58743-4: **\$160.00**

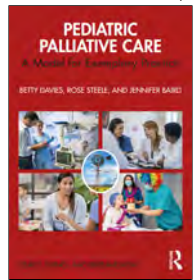
Pb: 978-1-138-58745-8: **\$39.95**

eBook: 978-0-429-46800-1

\* For full contents and more information, visit: [www.routledge.com/9781138587458](http://www.routledge.com/9781138587458)

## Pediatric Palliative Care

A Model for Exemplary Practice



**Betty Davies**, Univ. of Victoria, British Columbia, Canada, **Rose Steele**, York Univ, Ontario, Canada and **Jennifer Baird**, Children's Hospital Los Angeles, California, USA

*Series: Series in Death, Dying, and Bereavement*

*Pediatric Palliative Care: A Model for Exemplary Practice* lays out a road map for healthcare providers interested in optimizing care for seriously ill children and their families.

This is a one-of-a-kind guidebook for healthcare providers interested in (re)discovering how to maximize positive outcomes for both families and providers. It's also a valuable source of inspiration for educators, supervisors, and hospital administrators

who want to facilitate personal and professional development and create supportive environments for students, providers, seriously ill children, and their families.

Routledge

**Market:** Palliative Care/Pediatrics

December 2021: 244pp

Hb: 978-0-367-36569-1: **\$160.00**

Pb: 978-0-367-36568-4: **\$39.95**

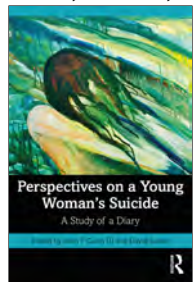
eBook: 978-0-429-35239-3

\* For full contents and more information, visit: [www.routledge.com/9780367365684](http://www.routledge.com/9780367365684)



## Perspectives on a Young Woman's Suicide

A Study of a Diary



Edited by **John F. Gunn III**, Gwynedd Mercy University, Pennsylvania, USA and **David Lester**, Independent scholar, Delaware, USA

This book is an updated analysis of a diary left behind by "Katie," a young woman who took her own life. Drawing on clinicians, researchers, and survivors of suicide loss, this book delves into common beliefs about why people die by suicide and into the internal worlds of those who do. Contributors discuss Katie's suicide from the perspective of recent theories of suicide, including Joiner's interpersonal theory and Klonsky's three-step theory. Finally, Katie's sister reveals her reactions to this project and her ex-boyfriend shares his account of her death. A vital addition to the library of any researcher, academic, or

professional interested in suicide and suicide prevention.

Routledge

**Market:** Suicide

December 2021: 190pp

Hb: 978-0-367-63620-3: **\$160.00**

Pb: 978-0-367-63618-0: **\$37.95**

eBook: 978-1-003-12565-5

\* For full contents and more information, visit: [www.routledge.com/9780367636180](http://www.routledge.com/9780367636180)



## Climate Change and Youth

Turning Grief and Anxiety into Activism



**Linda Goldman**, in private practice, Chevy Chase, Maryland, USA

This is a pioneering book that opens the door to understanding the impact climate change has on the mental health of today's youth. Chapters provide age-appropriate language for a meaningful dialogue and resources for separating fact from fiction about environmental issues, encouraging participation in activism, and creating tools to reduce stress. The book includes firsthand examples, research, and interviews and shares age-appropriate resources relating to climate change. This essential resource offers techniques and tools that professionals and caring adults can use to address the stresses associated with climate change and offer strategies for hope, resilience, and

action.

Routledge

**Market:** Youth Counseling

May 2022: 352pp

Hb: 978-0-367-49454-4: **\$160.00**

Pb: 978-0-367-49453-7: **\$39.95**

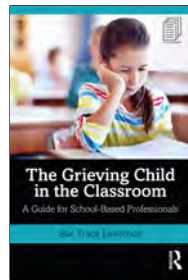
eBook: 978-1-003-05177-0

\* For full contents and more information, visit: [www.routledge.com/9780367494537](http://www.routledge.com/9780367494537)



## The Grieving Child in the Classroom

A Guide for School-Based Professionals



**Sue Trace Lawrence**, Ursinus College, Pennsylvania, USA

*The Grieving Child in the Classroom* incorporates the latest research on children's bereavement and adapts it for use in the classroom. Chapters integrate the neurological, cognitive, emotional, and social effects of childhood grief, give examples of the ways those reactions can manifest in school settings, and offer practical suggestions that can be used in real-world settings. Emphasis is on awareness and sensitivity toward the grieving child, and author Sue Trace Lawrence offers resources for further support and information, including descriptions of activities for in-school use, as well as personal experiences and established theory.

Routledge

**Market:** Grief/Education

December 2019: 244pp

Hb: 978-0-367-14554-5: **\$160.00**

Pb: 978-0-367-14555-2: **\$39.95**

eBook: 978-0-429-05551-5

\* For full contents and more information, visit: [www.routledge.com/9780367145552](http://www.routledge.com/9780367145552)

## Life and Loss

A Guide to Help Grieving Children



**Linda Goldman**, in private practice, Chevy Chase, Maryland, USA

*Series: Routledge Mental Health Classic Editions*

For decades, *Life and Loss* has been the book clinicians have relied on for a full and nuanced presentation of the many issues with which grieving children grapple as well as an honest exploration of the interrelationship between unresolved grief, educational success, and responsible citizenry.

The classic edition, which includes a new preface from the author, brings this exploration firmly into the twenty-first century and makes a convincing case that children's grief is no longer

restricted only to loss-identified children.

Routledge

**Market:** Grief Counseling/Child and Adolescent Psychotherapy

August 2021: 290pp

Hb: 978-1-032-03856-8: **\$160.00**

Pb: 978-1-032-03855-1: **\$37.95**

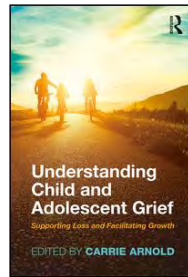
eBook: 978-1-003-19005-9

\* For full contents and more information, visit: [www.routledge.com/9781032038551](http://www.routledge.com/9781032038551)



## Understanding Child and Adolescent Grief

Supporting Loss and Facilitating Growth



Edited by **Carrie Arnold**, Western University Canada, Ontario, Canada

*Series: Series in Death, Dying, and Bereavement*

*Understanding Child and Adolescent Grief* incorporates theory, clinical applications, case studies, and current research on contemporary models of grief pertaining to children, adolescents, and families. Chapters provide unique perspectives on interpersonal neurobiology and explore relevant social topics rarely addressed in other texts, such as the death of African American men, suicide among Aboriginal youth in Canada, death/suicide among LGBTQ youth, and social media's influence.

Appendices with meditation guides and resources provide practical opportunities for growth and healing.

Routledge

October 2017: 244pp

Hb: 978-1-138-74087-7: **\$180.00**

Pb: 978-1-138-74088-4: **\$48.95**

eBook: 978-1-315-16425-0

\* For full contents and more information, visit: [www.routledge.com/9781138740884](http://www.routledge.com/9781138740884)





2nd Edition

**The Child Survivor**

Healing Developmental Trauma and Dissociation



**Joyanna L. Silberg**, Childhood Recovery Resources, Maryland, USA

In the second edition of Joyanna Silberg's classic *The Child Survivor*, practitioners who treat dissociative children will find practical tools that are backed up by recent advances in clinical research. Clinicians on the front lines of treatment will come away from the book with an arsenal of therapeutic techniques that they can put into practice right away, limiting the need for restrictive hospitalizations or out-of-home placements for their young clients.

Routledge

**Market:** Trauma and Dissociation/Child and Adolescent Psychotherapy

August 2021: 386pp

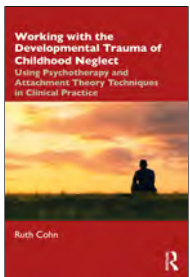
Hb: 978-1-138-04476-0: **\$160.00**Pb: 978-1-138-04479-1: **\$39.95**

eBook: 978-1-351-04886-6

Prev. Ed Pb: 978-0-415-88995-7

\* For full contents and more information, visit: [www.routledge.com/9781138044791](http://www.routledge.com/9781138044791)**Working with the Developmental Trauma of Childhood Neglect**

Using Psychotherapy and Attachment Theory Techniques in Clinical Practice



**Ruth Cohn**, Private practice, California, USA

This book provides psychotherapists with a multidimensional view of childhood neglect and a practical roadmap for facilitating survivors' healing. Along with extensive clinical material, chapters introduce skills that therapists can develop and hone, such as the ability to recognize and discern non-verbal attempts at communication. They also provide an array of resources and evidence-based treatment modalities that therapists can use in session. *Working with the Developmental Trauma of Childhood Neglect* is an essential book for any mental health professional working with survivors of childhood trauma.

Routledge

**Market:** Trauma/Psychotherapy

August 2021: 196pp

Hb: 978-0-367-47247-4: **\$160.00**Pb: 978-0-367-46777-7: **\$39.95**

eBook: 978-1-003-03440-7

\* For full contents and more information, visit: [www.routledge.com/9780367467777](http://www.routledge.com/9780367467777)**Supporting Children and Young People Who Experience Loss**

An Illustrated Storybook and Guide



**Juliette Ttofa**, Specialist Educational Psychologist, United Kingdom.

*Series: Supporting Children and Young People Who Experience Loss*

This beautifully illustrated storybook and accompanying guide has been designed to be used by adults supporting children through loss. The storybook can be used therapeutically with children, and provides a medium through which the adult can begin to work alongside or support their emotional literacy. The accompanying guidebook has been created to provide additional ideas for an adult supporting a child or young person using the storybook. With an emphasis on a relational approach, the guide explores the themes of the story and can support the use of the expressive arts safely and sensitively. This is an invaluable tool for practitioners, educators and parents.

Routledge

**Market:** Education

October 2020: 70pp

Pb: 978-0-367-85643-4: **\$26.95**

eBook: 978-1-003-01409-6

\* For full contents and more information, visit: [www.routledge.com/9780367856434](http://www.routledge.com/9780367856434)**The School Bereavement Toolkit**

A Practical Guide to Supporting Children



**Jacquie Palmer**, Retired teacher

Practical and accessible, this guidebook is designed to help staff in schools support bereaved children in their care. Providing information and guidance on practical issues around bereavement and indicating some of the issues that might require extra thought or assistance, this book makes accessing relevant information as easy and quick as possible. With age appropriate guidance to help school staff working in both primary and secondary settings, this key guide provides quick to access information for those not trained in child bereavement to help individual children or whole classes following a loss.

Routledge

**Market:** Education / Bereavement

August 2021: 120pp

Hb: 978-1-032-02666-4: **\$160.00**Pb: 978-1-032-02668-8: **\$44.95**

eBook: 978-1-003-18451-5

\* For full contents and more information, visit: [www.routledge.com/9781032026688](http://www.routledge.com/9781032026688)**The Girl Who Lost the Light in Her Eyes**

A Storybook to Support Children and Young People Who Experience Loss



**Juliette Ttofa**, Specialist Educational Psychologist, United Kingdom.

*Series: Supporting Children and Young People Who Experience Loss*

This beautifully illustrated and sensitively written storybook has been created to be used therapeutically with children experiencing bereavement. Telling the story of a young girl who searches high and low for the light that is missing from her eyes, it encourages the child to move through the bereavement journey in order to find colour in the world again. Perfectly crafted to spark communication around a difficult topic, this is an invaluable tool for practitioners, educators, parents, and anybody else looking to support a child or young person through bereavement.

Routledge

October 2020: 36pp

Pb: 978-0-367-52441-8: **\$16.95**

eBook: 978-1-003-05798-7

\* For full contents and more information, visit: [www.routledge.com/9780367524418](http://www.routledge.com/9780367524418)**The Island and Storybook Manual**

For Children With A Parent Living With Depression



**Pia Jones and Sarah Pimenta**

*Series: Therapeutic Fairy Tales*

This beautifully illustrated and sensitive storybook is designed to be used therapeutically by professionals and caregivers supporting children with a parent who is suffering from depression. With engaging, gentle and colourful illustrations

that can be used to prompt conversation, it tells the story of a girl who is helped to feel less isolated from her parents' depression.

In this bundle, it is accompanied by the *Storybook Manual*, a resource that has been designed to support practitioners and caregivers with practical and creative ideas on how to use illustrated storybooks therapeutically with children.

Routledge

**Market:** Education

August 2020: 144pp

Pb: 978-0-367-68933-9: **\$39.95**

eBook: 978-1-003-04637-0

\* For full contents and more information, visit: [www.routledge.com/9780367689339](http://www.routledge.com/9780367689339)

## The Night Crossing and Storybook Manual

A Lullaby For Children On Life's Last Journey



Pia Jones and Sarah Pimenta

Series: *Therapeutic Fairy Tales*

This beautifully illustrated and sensitive storybook is designed to be used therapeutically by professionals and caregivers supporting children with an untreatable illness. With gentle and colourful illustrations that can help children with fears and

feelings, it tells the story of the final journey made by a Boy with a Bear, as the Boy says his goodbyes and comes to terms with his life-ending illness.

In this bundle, it is accompanied by the *Storybook Manual*, a resource that has been designed to support practitioners and caregivers with practical and creative ideas on how to use illustrated storybooks therapeutically with children.

Routledge

Market: Education

August 2020: 137pp

Pb: 978-0-367-68934-6: \$39.95

eBook: 978-1-003-04631-8

\* For full contents and more information, visit: [www.routledge.com/9780367689346](http://www.routledge.com/9780367689346)

## The Storm and Storybook Manual

For Children Growing Through Parents' Separation



Pia Jones and Sarah Pimenta

Series: *Therapeutic Fairy Tales*

This beautifully illustrated and sensitive storybook is designed to be used therapeutically by professionals and caregivers supporting children with a parent who is suffering from depression. With engaging, gentle and colourful illustrations

that can be used to prompt conversation, it tells the story of a girl who is helped to feel less isolated from her parents' depression.

In this bundle, it is accompanied by the *Storybook Manual*, a resource that has been designed to support practitioners and parents with practical and creative ideas on how to use illustrated storybooks therapeutically with children.

Routledge

Market: Education

August 2020: 137pp

Pb: 978-0-367-68936-0: \$39.95

eBook: 978-1-003-04633-2

\* For full contents and more information, visit: [www.routledge.com/9780367689360](http://www.routledge.com/9780367689360)

## Therapeutic Fairy Tales

For Children and Families Going Through Troubling Times



Pia Jones and Sarah Pimenta

Series: *Therapeutic Fairy Tales*

*Therapeutic Fairy Tales* are a series of short, modern tales, dedicated to supporting young children through challenging situations of life and loss, covering diverse themes such as family breakdown, untreatable illness, and parental depression. Each

short story is brought to life by engaging, gentle and colourful illustrations, and can be used by professionals and caregivers to support children's mental and emotional health. This set also includes the *Storybook Manual*, which offers practical and creative ideas on how to use illustrated storybooks therapeutically.

Routledge

Market: Education

August 2020: 210pp

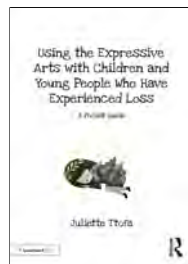
Pb: 978-0-367-68937-7: \$52.95

eBook: 978-0-429-28608-7

\* For full contents and more information, visit: [www.routledge.com/9780367689377](http://www.routledge.com/9780367689377)

## Using the Expressive Arts with Children and Young People Who Have Experienced Loss

A Pocket Guide



Juliette Ttofa, Specialist Educational Psychologist, United Kingdom.

Series: *Supporting Children and Young People Who Experience Loss*

This guidebook has been created to be used alongside the storybook, *The Girl Who Lost the Light in Her Eyes*. Using a relational approach, it explores the themes of the story and offers guidance to the adult as they use expressive arts to give the child or young person a creative outlet for their emotions. The gentle guidance offered makes this an ideal tool for non-specialists working with children experiencing loss or bereavement. It guides the adult to respond appropriately and sensitively to the grief of the child,

whilst helping them journey through the grieving process. It is an invaluable tool for practitioners, educators and parents.

Routledge

Market: Education

October 2020: 34pp

Pb: 978-0-367-52442-5: \$16.95

eBook: 978-1-003-05799-4

\* For full contents and more information, visit: [www.routledge.com/9780367524425](http://www.routledge.com/9780367524425)

## Understanding Bereaved Parents and Siblings

A Handbook for Professionals, Family, and Friends



Cathy McQuaid

*Understanding Bereaved Parents and Siblings* is based on lived experiences and provides insight, ideas and inspiration on how to support the bereaved, how to talk to them about their experience and how to help people manage their own shock or grief. The book will be an essential read for the bereaved and the professionals, family and friends who are supporting them.

Routledge

Market: Bereavement

May 2021: 298pp

Hb: 978-0-367-70298-4: \$160.00

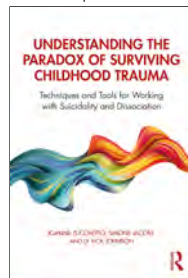
Pb: 978-0-367-70296-0: \$32.99

eBook: 978-1-003-14554-7

\* For full contents and more information, visit: [www.routledge.com/9780367702960](http://www.routledge.com/9780367702960)

## Understanding the Paradox of Surviving Childhood Trauma

Techniques and Tools for Working with Suicidality and Dissociation



Joanne Zucchetto, Private practice, Washington, DC, USA, Simone Jacobs, private practice, Maryland, USA and Ly Vick Johnson, Independent scholar, Phnom Penh, Cambodia

*Understanding the Paradox of Surviving Childhood Trauma* offers clinicians a new framework for understanding the symptoms and coping mechanisms displayed by survivors of childhood abuse. This approach considers how characteristics such as suicidality, self-harm, persistent depression, and anxiety can have roots in behaviors and beliefs that helped patients survive their trauma. By depathologizing patients' experiences and behaviors and moving beyond simply managing them, therapists can reduce their clients' shame and work collaboratively to understand the underlying message that these behaviors

conceal.

Routledge

Market: Trauma & Dissociation

July 2019: 190pp

Hb: 978-1-138-63084-0: \$140.00

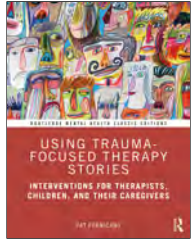
Pb: 978-1-138-63085-7: \$42.95

eBook: 978-1-315-17351-1

\* For full contents and more information, visit: [www.routledge.com/9781138630857](http://www.routledge.com/9781138630857)

## Using Trauma-Focused Therapy Stories

Interventions for Therapists, Children, and Their Caregivers



**Pat Pernicano**, Frank Tejeda VA Outpatient Mental Health Clinic, Texas, USA

*Series: Routledge Mental Health Classic Editions*

*Using Trauma-Focused Therapy Stories* is a groundbreaking treatment resource for trauma-informed therapists who work with abused and neglected children ages nine years and older as well as their caregivers. The classic edition includes a new preface from the author reflecting on changes in the field since the book's initial publication.

Routledge

**Market:** Trauma/Child and Adolescent Psychotherapy

August 2021: 280pp

Hb: 978-1-032-01897-3: **\$160.00**

Pb: 978-1-032-01896-6: **\$37.95**

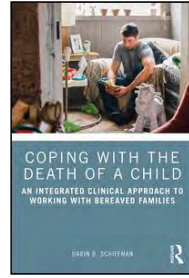
eBook: 978-1-003-18417-1

\* For full contents and more information, visit: [www.routledge.com/9781032018966](http://www.routledge.com/9781032018966)



## Coping with the Death of a Child

An Integrated Clinical Approach to Working with Bereaved Families



**Darin D. Schiffman**, Greystone Park Psychiatric Hospital, New Jersey, USA

*Coping with the Death of a Child* shows clinicians how to integrate various therapeutic modalities and clinical approaches to grief therapy into one comprehensive model linked to positive change. This integrated model shows mental health professionals how to offer practical and emotional support to the bereaved using descriptions of treatments, care protocols, and guidelines. Clinicians and the families they treat will come away from the book with tools for recognizing distorted and pathogenic exchanges between family members, for valuing the emotional elements of their individual experiences, and for shifting toward solution-focused activities.

Routledge

**Market:** Grief and Bereavement

June 2019: 320pp

Hb: 978-1-138-33825-8: **\$140.00**

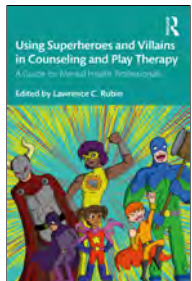
Pb: 978-1-138-33826-5: **\$42.95**

eBook: 978-0-429-43609-3

\* For full contents and more information, visit: [www.routledge.com/9781138338265](http://www.routledge.com/9781138338265)

## Using Superheroes and Villains in Counseling and Play Therapy

A Guide for Mental Health Professionals



Edited by **Lawrence C. Rubin**, St. Thomas University, Florida, USA

Through rich and research-grounded clinical applications, *Using Superheroes and Villains in Counseling and Play Therapy* explores creative techniques for integrating superhero stories and metaphors in clinical work with children, adolescents, adults, and families. Each chapter draws on the latest empirically supported approaches and techniques to address a wide range of clinical challenges in individual, family, and group settings. Chapters also explore important contextual issues of race, gender, culture, age, and ethnicity and provide case studies and practical tips that clinicians can use to support clients on their healing journey.

Routledge

**Market:** Play Therapy/Counseling

July 2019: 342pp

Hb: 978-1-138-61326-3: **\$140.00**

Pb: 978-1-138-61327-0: **\$44.95**

eBook: 978-0-429-45495-0

\* For full contents and more information, visit: [www.routledge.com/9781138613270](http://www.routledge.com/9781138613270)

## The Hero's Mask: Helping Children with Traumatic Stress

A Resource for Educators, Counselors, Therapists, Parents and Caregivers



**Richard Kagan**

This set includes:

*The Hero's Mask*, a short novel designed to encourage young people to share and understand their feelings related to traumatic stress and to learn how family members, friends, neighbours and schools can help each other to survive hard times and learn to thrive again. *The Hero's Mask Guidebook: Helping Children with Traumatic Stress*, a practical resource for use by teachers, counselors, therapists, parents and caregivers

that promotes an understanding of trauma and strengthens emotionally supportive relationships to reduce traumatic stress reactions.

Routledge

**Market:** Mental Health / Trauma

October 2020: 272pp

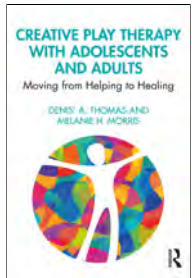
Pb: 978-0-367-47428-7: **\$46.95**

eBook: 978-1-003-03553-4

\* For full contents and more information, visit: [www.routledge.com/9780367474287](http://www.routledge.com/9780367474287)

## Creative Play Therapy with Adolescents and Adults

Moving from Helping to Healing



**Denis A. Thomas**, Lipscomb University, Tennessee, USA  
**Melanie H. Morris**, Lipscomb University, Tennessee, USA

This user-friendly manual shows mental health professionals how to implement play therapy with adolescents and adults and how to conceptualize client struggles using a wealth of creative approaches. *Creative Play Therapy for Adolescents and Adults* follows a seven-stage process for professionals to address clients' core needs and establish an empathic therapeutic relationship. The book charts the stages of play therapy and explores a range of expressive arts including art, drama, dance, writing, and sand play. This book will be of interest to a wide range of mental health professionals as it encourages a more creative career and lasting,

tangible progress in clients.

Routledge

**Market:** Play Therapy/Counseling

May 2020: 220pp

Hb: 978-1-138-61528-1: **\$160.00**

Pb: 978-1-138-61529-8: **\$39.95**

eBook: 978-0-429-44930-7

\* For full contents and more information, visit: [www.routledge.com/9781138615298](http://www.routledge.com/9781138615298)



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## TEXTBOOK · READER

**Trauma and Grief Assessment and Intervention**

Building on Strengths



**Renée Bradford Garcia**, private practice, Texas, USA and **Elizabeth C. Pomeroy**, University of Texas at Austin, USA

With clarity and eloquence, *Trauma and Grief Assessment and Intervention* comprehensively captures the nuance and complexity involved in counseling bereaved and traumatically bereaved persons in all stages of the life cycle. The book walks readers through the main theories of grief counseling, from rapport building to assessment to intervention, and equips students with the knowledge and skills they need to work effectively with clients experiencing trauma and loss.

Routledge

**Market:** Trauma/Grief

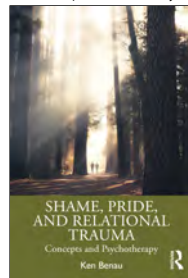
August 2021: 270pp

Hb: 978-0-367-11215-8: **\$160.00**Pb: 978-0-367-11216-5: **\$69.95**

eBook: 978-0-429-05363-4

\* For full contents and more information, visit: [www.routledge.com/9780367112165](http://www.routledge.com/9780367112165)**Shame, Pride, and Relational Trauma**

Concepts and Psychotherapy

**Ken Benau**, private practice, California, USA

*Shame, Pride, and Relational Trauma* is a guide to recognizing the many ways shame and pride lie at the heart of psychotherapy with survivors of relational trauma.

Therapists will learn about ways to conceptualize and successfully navigate complex, patient-therapist shame dynamics and apply neuroscientific findings to this challenging work.

Routledge

**Market:** Trauma & Dissociation

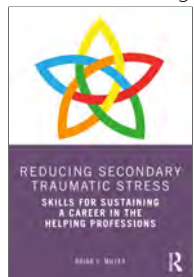
March 2022: 274pp

Hb: 978-1-138-36237-6: **\$160.00**Pb: 978-1-138-36238-3: **\$39.95**

eBook: 978-0-429-42594-3

\* For full contents and more information, visit: [www.routledge.com/9781138362383](http://www.routledge.com/9781138362383)**Reducing Secondary Traumatic Stress**

Skills for Sustaining a Career in the Helping Professions

**Brian C. Miller**, Private practice, Utah, USA

*Reducing Secondary Traumatic Stress* presents a model for supporting emotional well-being in workers who are exposed to the effects of secondary trauma. The book provides helping professionals with a portfolio of skills that support emotion regulation and recovery from secondary trauma exposure and also enhance the experience of the helping encounter. Each chapter presents evidence-informed skills that allow readers to regulate distressing emotions and to foster increased empathy for those suffering from trauma. The text goes beyond the usual discussion of burnout to talk in specific terms about what we do about the very real stress that is produced by this work.

Routledge

**Market:** Trauma

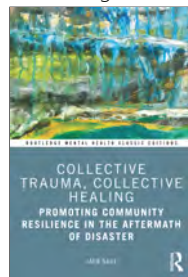
July 2021: 206pp

Hb: 978-0-367-49458-2: **\$160.00**Pb: 978-0-367-49457-5: **\$39.95**

eBook: 978-1-003-04904-3

\* For full contents and more information, visit: [www.routledge.com/9780367494575](http://www.routledge.com/9780367494575)**Collective Trauma, Collective Healing**

Promoting Community Resilience in the Aftermath of Disaster

**Jack Saul**, Columbia University, USASeries: *Routledge Mental Health Classic Editions*

*Collective Trauma, Collective Healing* is a guide for mental health professionals working in response to large-scale political violence or natural disaster. The classic edition includes a new preface from the author reflecting on changes to the field and the world since the book's initial publication. Clinicians will come away from the book with a solid understanding of new roles that health and mental health professionals play in disasters—roles that encourage them to recognize and enhance the resilience and coping skills in families, organizations, and the community at large.

Routledge

**Market:** Trauma studies

February 2022: 0pp

Hb: 978-1-032-13908-1: **\$160.00**Pb: 978-1-032-13907-4: **\$34.95**

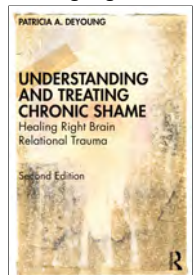
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**Understanding and Treating Chronic Shame**

Healing Right Brain Relational Trauma

**Patricia A. DeYoung**, Private practice, Ontario, Canada

A masterful synthesis of relational and attachment theory, neurobiology, and contemporary psychoanalysis, *Understanding and Treating Chronic Shame* has been internationally recognized as an essential text on shame.

Integrating new theory about trauma, shame resilience, and self-compassion, this second edition further clarifies the relational, right-brain essence of being in and with the suffering of shame. New chapters carry theory further into praxis.

Lucid and compassionate, this book engages with the most profound challenges of clinical practice and touches into the depths of being human.

Routledge

**Market:** Psychotherapy

December 2021: 310pp

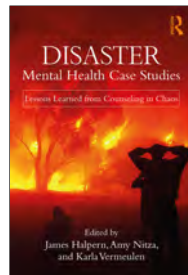
Hb: 978-0-367-37447-1: **\$160.00**Pb: 978-0-367-37448-8: **\$39.95**

eBook: 978-0-367-81432-8

Prev. Ed Pb: 978-1-138-83120-9

\* For full contents and more information, visit: [www.routledge.com/9780367374488](http://www.routledge.com/9780367374488)**Disaster Mental Health Case Studies**

Lessons Learned from Counseling in Chaos



Edited by **James Halpern**, State University of New York at New Paltz, USA, **Amy Nitza**, State University of New York at New Paltz, USA and **Karla Vermeulen**, State University of New York at New Paltz, USA

*Disaster Mental Health Case Studies* is a riveting collection of case studies by master clinicians that reveal how disaster mental health interventions must be tailored to meet the needs of survivors. Each unique case study is structured to give the reader an introduction to the community affected pre-disaster; a glimpse into the thought processes of the disaster mental health responders pre- and post-disaster; and a reflective selection of lessons learned as a result of the experiences.

Routledge

**Market:** Trauma/Mental Health

March 2019: 220pp

Hb: 978-1-138-55918-9: **\$140.00**Pb: 978-1-138-55919-6: **\$42.95**

eBook: 978-1-351-25226-3

\* For full contents and more information, visit: [www.routledge.com/9781138559196](http://www.routledge.com/9781138559196)



## Disaster Mental Health Community Planning

A Manual for Trauma-Informed Collaboration



**Robert W. Schmidt**, Private practice, Connecticut, USA and **Sharon L. Cohen**, Independent scholar, Connecticut, USA

*Disaster Mental Health Community Planning* is a step-by-step guide for preparing, developing, and implementing a trauma-informed collaboration that includes mental health interventions following a manmade or natural disaster. Readers will appreciate the book's hands-on, user-friendly approach, which include note-taking areas, checklists, and follow-up questions to better define goals. This is a vital guide for mental-health providers, organizations, individuals interested in collaborating on a trauma-informed mental health supplement to their community's medical disaster preparedness

and response plan.

Routledge

**Market:** Disaster Planning/Trauma

April 2020: 264pp

Hb: 978-0-367-24727-0: **\$160.00**

Pb: 978-0-367-24726-3: **\$39.95**

eBook: 978-0-429-28513-4

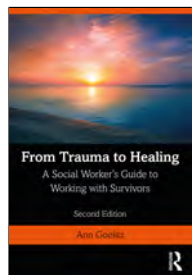
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2nd Edition

## From Trauma to Healing

A Social Worker's Guide to Working with Survivors



**Ann Goelitz**, Northern Westchester Hospital, New York, USA

This updated edition of *From Trauma to Healing* is a comprehensive and practical guide to working with trauma survivors in the field of social work. With fresh examples and discussion questions to help deal with traumatic events in practice, including interventions that may be applicable to current and future 21<sup>st</sup> century world events, such as the coronavirus pandemic, *From Trauma to Healing*, 2<sup>nd</sup> edition remains an essential publication on trauma for students and social workers alike.

Routledge

**Market:** Clinical social work

November 2020: 336pp

Hb: 978-0-367-02924-1: **\$160.00**

Pb: 978-0-367-02925-8: **\$46.95**

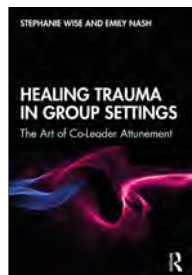
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## Healing Trauma in Group Settings

The Art of Co-Leader Attunement



**Stephanie Wise**, Marywood University, Pennsylvania, USA and **Emily Nash**, NashWise Training Alliance, New York, USA

*Healing Trauma in Group Settings* offers a unique focus on the highly valuable role of attuned co-leader relationships in the practice of healing trauma. Drawing on their extensive experience of co-leadership, the editors demonstrate how to maximize the potential for effective trauma work while remaining attuned to the needs of individual group members and the group as a whole.

Routledge

**Market:** Group Work/Trauma/Art Therapy

November 2019: 220pp

Hb: 978-1-138-04490-6: **\$140.00**

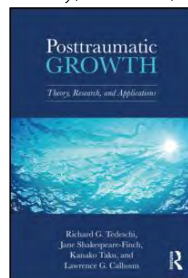
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## Posttraumatic Growth

Theory, Research, and Applications



**Richard G. Tedeschi**, University of North Carolina at Charlotte, USA, **Jane Shakespeare-Finch**, Queensland University of Technology, Australia, **Kanako Taku**, Oakland University, Michigan, USA and **Lawrence G. Calhoun**, University of North Carolina at Charlotte, USA

*Posttraumatic Growth* provides a range of answers to questions concerning knowledge of posttraumatic growth (PTG) theory, its synthesis and contrast with other theories and models, and its applications in diverse settings. The book starts with an overview of the history, components, and outcomes of PTG.

Next, chapters review quantitative, qualitative, and cross-cultural research on PTG, including in relation to cognitive function, identity formation, cross-national and gender differences, and similarities and differences between adults and children. The final section shows readers how to facilitate optimal outcomes with PTG at the level of the individual, group, community, and society.

Routledge

**Market:** Trauma

May 2018: 264pp

Hb: 978-1-138-67501-8: **\$150.00**

Pb: 978-1-138-67504-9: **\$48.95**

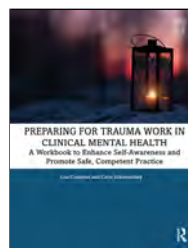
eBook: 978-1-315-52745-1

\* For full contents and more information, visit: [www.routledge.com/9781138675049](http://www.routledge.com/9781138675049)

TEXTBOOK - READER

## Preparing for Trauma Work in Clinical Mental Health

A Workbook to Enhance Self-Awareness and Promote Safe, Competent Practice



**Lisa Compton**, Regent University, Virginia, USA and **Corie Schoeneberg**, Private practice, Missouri, USA

*Preparing for Trauma Work in Clinical Mental Health* is developed for students and clinicians who are preparing to work with clients affected by trauma. Designed for students and professional clinicians, this groundbreaking text fills an important education and training gap by providing a comprehensive and enlightening presentation of trauma work while also emphasizing the clinician's growth in self-awareness and professional development.

Routledge

**Market:** Trauma Counseling

September 2020: 244pp

Hb: 978-0-367-33185-6: **\$160.00**

Pb: 978-0-367-33184-9: **\$48.95**

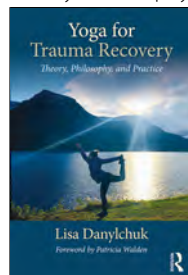
eBook: 978-0-429-31960-0

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## Yoga for Trauma Recovery

Theory, Philosophy, and Practice



**Lisa Danylichuk**, private practice, California, USA

*Yoga for Trauma Recovery* outlines best practices for the growing body of professionals trained in both yoga and psychotherapy and addresses the theoretical foundations that tie the two fields. Chapters show how understanding the safe and effective integration of trauma-informed yoga and somatic psychotherapy is essential to providing informed, effective treatment. Uniting recent developments in our understanding of trauma recovery with ancient tenets of yoga philosophy and practice, this foundational text is a must read for those interested in the healing capacities of each modality.

Routledge

**Market:** Trauma/Yoga Therapy

March 2019: 220pp

Hb: 978-1-138-70719-1: **\$140.00**

Pb: 978-1-138-70720-7: **\$42.95**

eBook: 978-1-315-16677-3

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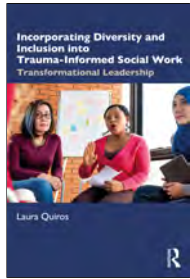


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TEXTBOOK · READER

## Incorporating Diversity and Inclusion into Trauma-Informed Social Work

Transformational Leadership



Laura Quiros, Adelphi University, New York, USA

*Incorporating Diversity and Inclusion in Trauma-Informed Social Work* incorporates discussions of leadership, racism, and oppression into a new understanding of how trauma and traumatic experience play out in leadership and organizational cultures. It's an expansive guide for students in social work, one that explores and explains how trauma and difference manifest in how we communicate, lead, and work with each other.

Routledge

Market: Social Work/Trauma Studies/Leadership

December 2020: 186pp

Hb: 978-0-367-24725-6: \$160.00

Pb: 978-0-367-24724-9: \$48.95

eBook: 978-0-429-28440-3

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# A

African American Grief ..... 2

# C

Child Survivor, The ..... 9  
 Chronic Sorrow ..... 5  
 Climate Change and Youth ..... 8  
 Collective Trauma, Collective Healing ..... 12  
 Continuing Bonds in Bereavement ..... 5  
 Coping with the Death of a Child ..... 11  
 Crafting of Grief, The ..... 7  
 Creative Play Therapy with Adolescents and Adults ..... 11  
 Culture, Consolation, and Continuing Bonds in Bereavement ..... 2

# D

Death and Dying ..... 2  
 Disaster Mental Health Case Studies ..... 12  
 Disaster Mental Health Community Planning ..... 13  
 Do Funerals Matter? ..... 3

# E

Experiential Action Methods and Tools for Healing Grief and Loss-Related Trauma ..... 7

# F

From Trauma to Healing ..... 13

# G

Girl Who Lost the Light in Her Eyes, The ..... 9  
 Grief and Addiction ..... 7  
 Grief and Bereavement in Contemporary Society ..... 3  
 Grief Work in Addictions Counseling ..... 2  
 Grieving Child in the Classroom, The ..... 8

# H

Healing Trauma in Group Settings ..... 13  
 Hero's Mask: Helping Children with Traumatic Stress, The ..... 11

# I

Images of the Dead in Grief Dreams ..... 5  
 Incorporating Diversity and Inclusion into Trauma-Informed Social Work ..... 14  
 Island and Storybook Manual, The ..... 9

# L

Life and Loss ..... 8  
 Loss, Grief, and Attachment in Life Transitions ..... 3

# N

New Techniques of Grief Therapy ..... 2  
 Night Crossing and Storybook Manual, The ..... 10  
 Non-Death Loss and Grief ..... 3

# P

Pediatric Palliative Care ..... 8  
 Perspectives on a Young Woman's Suicide ..... 8  
 Posttraumatic Growth ..... 13  
 Preparing for Trauma Work in Clinical Mental Health ..... 13  
 Prescriptive Memories in Grief and Loss ..... 3

# R

Reducing Secondary Traumatic Stress ..... 12  
 Restorative Nature of Ongoing Connections with the Deceased, The ..... 2

# S

School Bereavement Toolkit, The ..... 9  
 Shame, Pride, and Relational Trauma ..... 12  
 Sibling Loss Across the Lifespan ..... 5  
 Storm and Storybook Manual, The ..... 10  
 Superhero Grief ..... 3  
 Supporting Children and Young People Who Experience Loss ..... 9

# T

Therapeutic Fairy Tales ..... 10  
 Trauma and Grief Assessment and Intervention ..... 12

# U

Understanding and Treating Chronic Shame ..... 12  
 Understanding Bereaved Parents and Siblings ..... 10  
 Understanding Child and Adolescent Grief ..... 8  
 Understanding the Paradox of Surviving Childhood Trauma ..... 10  
 Using Guided Imagery and Hypnosis in Brief Therapy and Palliative Care ..... 5  
 Using Superheroes and Villains in Counseling and Play Therapy ..... 11  
 Using the Expressive Arts with Children and Young People Who Have Experienced Loss ..... 10  
 Using Trauma-Focused Therapy Stories ..... 11

# W

Working with the Developmental Trauma of Childhood Neglect ..... 9  
 Writing the Self in Bereavement ..... 5

# Y

Yoga for Trauma Recovery ..... 13

**A**

Arnold, Carrie ..... 8

**B**

Bates-Maves, Julie ..... 7  
 Battino, Rubin ..... 5  
 Benau, Ken ..... 12  
 Burke, Laurie A. .... 2

**C**

Cohn, Ruth ..... 9  
 Compton, Lisa ..... 13  
 Cox, Gerry R. .... 2

**D**

Danylchuk, Lisa ..... 13  
 Darrow, Lusijah S. .... 7  
 Davies, Betty ..... 8  
 DeYoung, Patricia A. .... 12

**F**

Furr, Susan R. .... 2

**G**

Garcia, Renée Bradford ..... 12  
 Gershman, Nancy ..... 3  
 Goelitz, Ann ..... 13  
 Goldman, Linda ..... 8  
 Goldman, Linda ..... 8  
 Gunn III, John F. .... 8

**H**

Halpern, James ..... 12  
 Harrington, Jill A. .... 3  
 Harris, Darcy L. .... 3  
 Hedtke, Lorraine ..... 7  
 Hoy, William G. .... 3

**J**

Jones, Pia ..... 9  
 Jones, Pia ..... 10  
 Jones, Pia ..... 10  
 Jones, Pia ..... 10

**K**

Kagan, Richard ..... 11  
 Klass, Dennis ..... 2  
 Klass, Dennis ..... 5

**L**

Lawrence, Sue Trace ..... 8  
 Lengelle, Reinekke ..... 5

**M**

Marshall, Brenda J. .... 5  
 McQuaid, Cathy ..... 10  
 Miller, Brian C. .... 12

**N**

Neimeyer, Robert A. .... 2  
 Neimeyer, Robert A. .... 3

**O**

Olson, Susan ..... 5

**P**

Palmer, Jacquie ..... 9  
 Pernicano, Pat ..... 11

**Q**

Quiros, Laura ..... 14

**R**

Roos, Susan ..... 5  
 Rosenblatt, Paul C. .... 2  
 Rubin, Lawrence C. .... 11

**S**

Saul, Jack ..... 12  
 Schiffman, Darin D. .... 11  
 Schmidt, Robert W. .... 13  
 Silberg, Joyanna L. .... 9

**T**

Tedeschi, Richard G. .... 13  
 Thomas, Denis' A. .... 11  
 Ttofa, Juliette ..... 9  
 Ttofa, Juliette ..... 9  
 Ttofa, Juliette ..... 10

**V**

van Wielink, Jakob ..... 3

**W**

Wise, Stephanie ..... 13

**Z**

Zucchetto, Joanne ..... 10





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